

*"My blood sugar is now controlled and my eyesight has improved so much I went from legally blind without glasses to now being able to read the captions on the TV with no glasses, and I'm down from six vials of insulin per month to only three."*

**Bruce B.**

Type 2 Diabetic - 27 years

*"It has given me my life back."*

**Michael W.**

Type 1 Diabetic - 7 years  
Neuropathy - 2 years  
Thyroid Disease - 9 years

*"I haven't felt this good in years. It's like my neuropathy just disappeared and my energy level has increased."*

**Wayne K.**

Type 2 Diabetic - 18 years  
Neuropathy - 10 years  
Retinopathy - 2 years

*"I began to feel my feet again within eight weeks."*

**Bruce C.**

Neuropathy - 4 years  
Retinopathy - 4 years

*"My A1c started at about 13.4, I've had it down to 7. The most important benefit is that I'm alive today. I would absolutely recommend Diabetes and Metabolic Therapies. Get your life back."*

**Alan H.**

Type 2 Diabetic - Over 25 years

## CONTACT US

**Spruce Health Group**

info@sprucehealthgroup.com

Visit online to find the clinic closest to you

[www.sprucehealthgroup.com](http://www.sprucehealthgroup.com)



## Diabetes and Metabolic Therapies

Unique treatment to help address numerous health issues like hypertension, neuropathy, and all types of diabetes

SYMPTOM SUPPRESSION ISN'T THE ANSWER.  
START ADDRESSING THE PRIMARY CAUSE.

## Insurance, Medicare and Medicaid?

We work with Medicare, Medicaid and most insurance plans to maximize your benefits.

### No Insurance?

If you are uninsured please ask about our affordable self-pay options.

## Patients Report

- Neuropathy diminished
- Energy restored
- Weight controlled
- Medications reduced
- Erectile function restored
- Amputations prevented
- Blood sugar controlled
- Mood and sleep improved
- Wounds healed
- Hair and nail growth
- Dementia mitigated
- Alzheimer's alleviated
- Stroke recovery accelerated
- Fatty Liver reduced

## Find Out More and Get Your Life Back!

Multiple locations throughout Colorado and growing!

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## A Groundbreaking Treatment...

### What are Diabetes and Metabolic Therapies (DMT)?

DMT is a groundbreaking treatment where insulin is administered as a hormone rather than a drug; addressing the primary cause of Diabetes which is insulin resistance. By utilizing insulin in a manner that biomimics normal physiology, this modality is designed to reduce insulin resistance and increase cellular energy.

Increasing cellular energy allows damaged tissues and organs to grow, repair, and regenerate. Thus, our approach not only stabilizes but in many instances has reversed complications of diabetes and other metabolic disorders.

### How To Get Started. Is A Referral Needed?

We do not require a referral from your doctor; however, please note we are not a replacement for your primary care doctor. Instead, we prefer to work with your doctor to co-manage your individualized care plan including treatment, testing, and clinical results.

